Senior Menu

The Rensselaer County Senior Centers are providing meals for seniors during the COVID-19 pandemic and while the centers are closed. Call 518-270-2730 for information about these services. Frozen Meals are provided for Tuesdays and Thursdays, and Sandwich Bag provided for the weekend.

April 30: Potato Crunch Pollack w/Tartar, Red Potato, Sliced Carrots and Fresh Fruit

May 3: Chicken Pattie w/Cream Sauce, Sweet Potatoes, Broccoli Florets, Whole Wheat Biscuit and Fresh Fruit

May 5: Pork Loin w/Gravy, White Rice, Sliced Carrots, White Bread and a Cookie

May 7: Crabmeat Salad w/Lettuce, Macaroni Salad, Dinner Roll and a Fruit Cup

May 10: Potato Crunch Pollock w/Tartar, Rice, Cut Green Beans and Fresh Fruit

Church News

A Place At The Table

On May 3 Catholic Charities Tri-County Services will launch a one-week virtual event illustrating the needs within our communities and the ways in which Catholic Charities is making a difference. Virtual attendees will have an opportunity to support our work by making a gift of their choosing.

Amidst the challenges our world is facing today, Catholic Charities meets people where they are. A Place at the Table will offer a glimpse into the world our clients navigate every day, having to ask themselves questions such as:

- My son is growing and needs new clothes. How will I ever make ends meet?
- Should I pick up food for my children or pay the
- I have recently been furloughed from my job and have fallen so far behind. How can I keep enough food on the table?

Their struggles are very real and hunger is most often a symptom of a larger issue in their life such as having no bus fare to go to work, a past due heating bill, or needing to pay for Internet now that their child's education depends on it. Our goal is to see that no person goes hungry with a larger hope to strengthen their lives and our communities.

I invite you join me in supporting our local communities. You can help by liking our Facebook page at facebook.com/cctricounty or by signing up for our e-newsletter by contacting Justine Carroll at jcarroll@ ccalbany.org. Our work will be highlighted through daily videos shared via these venues from May 3 - May 7. The success of our work is truly the result of community support. We simply cannot do it without you.

Rummage And Food Sale in Pittstown

The Pittstown United Methodist Church will hold a Rummage and Food Sale on Friday, May 21 from 9:30 am to 4 pm and on Saturday, May 22 from 9:30 am to 2 pm at the Church Hall, 57 Old Route 7 in Pittstown (Valley Falls mailing address). Bag Sale on Saturday only. \$2 per bag. Buy 2 bags and get 1 free. For information call Carolyn at 518-663-8253 for clothing and small items or Herb at 518-753-4427 or 518-593-0003 for other items.

Petersburgh Chicken BBQ

The Petersburgh United Methodist church will sponsor a Chicken BBQ on Saturday, May 15 from 4 to 7 pm. The event is eat in or take out and features BBQ Chicken, Baked Beans, Macaroni Salad, Cole Slaw, Dinner Roll and Dessert. The cost is \$11. For more information please call 518-852-6576.

Continued on page 19

Theme: Sesame Street

- 1. Scarecrow stuffing
- 6. Observe
- 9. Kind of ski lift
- 13. "Fear of Flying" author Jong
- 14. Madame Tussauds' medium
- 15. Fervent
- 16. Never say this?
- 17. You to are is as thou to
- 18. Skylit lobbies
- 19. *It isn't easy "bein' green" for
- 21. *First bilingual Sesame Street puppet
- 23. Flower precursor
- 24. Rental on the links
- 25. Rowing prop
- 28. Banana remnant
- 30. Besmear
- 35. Poker variety
- 37. Away from wind
- 39. Like helium gas
- 40. Coconut fiber
- 41. Like an iPhone 43. Singular of #33 Down
- 44. Per _____, or yearly
- 46. Guesstimate phrase, 2 words
- 47. Raise, as in child
- 48. Bob Marley's music
- 50. TV classic " Make a Deal"
- 52. Himonitor
- 53. Oscar Wilde's Dorian
- 55. *Sesame Street's Meryl Sheep
- 57. *Every starred clue in this puzzle **DOWN**
- 60. *Self-described as lovable, cute and furry
- 63. One born to
- Japanese immigrants
- 64 Be in the red
- 66. He had no cause? 68. Thin mountain
- ridge
- 69. Local area network
- 70. Unmanned flyer
- 71. Hospital statistics unit, pl.
- 72. NaOH
- 73. Church assembly

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- 1. D.C. V.I.P.
- 2. "Star
- 3. Either Gauche or Droite in Paris
- 4. Like a lemon
- 5. Beginning of a work-
- 6. Special law enforcement unit, acr.
- 7. Elephant's distinguished feature
- 8. Uncredited actor
- 9. Lake caca, South America
- 10. *Ernie's roommate
- 11. Diva's delivery
- 12. Swedish shag rug
- your seatbelts"

20. Think tank output

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CROSSWORD

- 22. Eyeball shape
- 24. "I can see the rain has gone..."
- 25. *Trash can dweller
- 26. Be sorry for one's wickedness
- 27. Repenting
- 29. *He avoids pronouns and speaks in falsetto
- 31. Gloomy
- 32. More competent
- 33. Arm bones
- 34. *Mama, Papa, Baby and Curly
- 36. Chemical cure
- 38. Gaelic tongue
- 42. Load carrier

- 45. Crow's cousin 49. Old English for
 - before
 - 51. Arya Stark's Needle and Jedi's Lightsaber, e.g.

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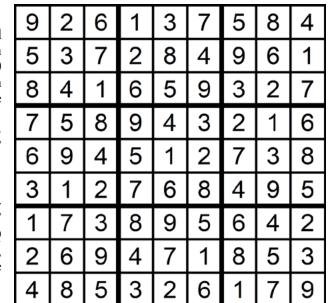
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- 54. Lagoon wall
- 56. Each and all
- 57. Bog down
- 58. From a secondhand store
- 59. Four-legged friends
- 60. Autry or Wilder
- 61. Jet black
- 62. Nevada city
- 63. Pick up, as in suspect
- 65. Modus operandi
- 67. Light-emitting diode

Last Week's Puzzle Solutions:



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